Vinegar Slaw

Makes about 4 cups

3 cups chopped red or green cabbage2 T cider vinegar1 cup shredded carrots3 T Olive oil1/2 cup finely sliced sweet onion1 t celery seed

1 t paprika 1 T prepared mustard

1 T sugar 1/4 t salt

In a medium bowl combine cabbage, carrots, and sweet onion. In a small bowl combine remainder of ingredients and stir until incorporated. Pour the dressing over the vegetables and toss thoroughly. Refrigerate at least 1 hour before use.



Nutrition information per serving (1/3 cup): 50 calories, 3.5g fat (0.5 g saturated fat), 1g protein, 75mg sodium, 1g dietary fiber. Excellent source of vitamins A and C.



