Tomatillo Cucumber Salad

Serves 4

1 cup chopped tomatillos
1/2 medium cucumber, seeded and chopped
1/4 cup onion, finely chopped
2 T cilantro, finely chopped
1 t red wine vinegar
1 t sugar
2 t olive oil
1/4 t garlic powder
Pinch of salt



Combine all ingredients in a bowl and let marinate for at least 15 minutes.

Nutrition information per serving (about 1 cup): 45 calories, 2.5g fat, 1g protein, 5 g carbohydrate, 75mg sodium, 1g dietary fiber. Good source of vitamin C.



